

TEAM RULES

1. PLAYING TIME

The amount of playing time each girl receives will be determined by her softball skills, attitude, commitment to the team, participation in team activities and game/tournament situations. However each girl will play at least one inning on Defense and on Offense.

2. ATTITUDE and RESPECT

Team members will show respect for, be considerate of, and display a positive attitude towards teammates, coaches, umpires, opposing players and parents.

3. CONDUCT

Players will conduct themselves in a proper and well-behaved manner while in uniform and during all team functions.

4. DRUGS, ALCOHOL and CIGARETTES

The use or possession of non-prescription drugs, alcohol or cigarettes by any player at any time is prohibited.

5. EMOTIONS

Always control your emotions and display good sportsmanship. No profanity; no throwing equipment; no arguing with teammates, coaches, opponents or umpires; no negative remarks to teammates, coaches, opponents or umpires.

6. PARTICIPATION

Participate in all practices, games and team functions unless you have prior approval from the head coach to be absent. You are expected to call the head coach at least two hours before the start of any activity you will miss.

7. TIMELINESS

Be on time for all practices, games and team functions.

8. PREPARATION

Always have your complete uniform and equipment with you for a game. Always have your equipment with you at practice.

9. PARENTS

Parents are expected to adhere to the same codes of sportsmanship as expected from our players. This applies to both practices and at games. If you have a problem with a coach, player, other parent, umpire or anything that pertains to this team, please address that problem directly with one of the coaches. During games, parents are asked to not distract the players in the dugout. Although they are not on the field their attention is still needed. If it is an emergency please get the attention of one of the coaches.

Failure to conduct yourself by the above rules could result in disciplinary action. Action could include laps, game suspension or expulsion from the team.

By signing below we are acknowledging that we have received, read and understand these rules, and that we agree to abide by these rules.

Player _____ Parent _____ -

Date _____ -