

Team Rules

1. **PLAYING TIME:**The amount of playing time each athlete receives will be determined by his / her skills, attitude, commitment to the team, participation in team activities and game/tournament situations
2. **ATTITUDE and RESPECT:**Team members will show respect for, be considerate of, and display a positive attitude towards teammates, coaches, umpires, opposing players and parents.
3. **CONDUCT:** Players will conduct themselves in a proper and well-behaved manner while in uniform and during all team functions.
4. **DRUGS, ALCOHOL and CIGARETTES:** The use or possession of non-prescription drugs, alcohol or cigarettes by any player at any time is prohibited.
5. **EMOTIONS:** Always control your emotions and display good sportsmanship. No profanity; no throwing equipment; no arguing with teammates, coaches, opponents or umpires; no negative remarks to teammates, coaches, opponents or umpires.
6. **PARTICIPATION:** Participate in all practices, games and team functions unless you have prior approval from the head coach to be absent. You are expected to call the head coach at least two hours before the start of any activity you will miss.
7. **TIMELINESS:** Be on time for all practices, games and team functions.
8. **PREPARATION:** Always have your complete uniform and equipment with you for a game. Always have your equipment with you at practice.
9. **PARENTS:** Parents are expected to adhere to the same codes of sportsmanship as expected from our players. This applies to both practices and at games. If you have a problem with a coach, player, other parent, umpire or anything that pertains to this team, please address that problem directly with the Head Coach or Athletic Director. During games, parents are asked to not distract the players in the dugout. Although they are not on the field their attention is still needed. If it is an emergency please get the attention of one of the coaches. Parents are expected to abide by a 24 hour rule. If you have a problem with a coach's decision you must wait 24 hours before approaching that coach to discuss. If you feel you can not wait 24 hours contact the Athletic Director immediately. He will help with your problem.

Failure to conduct yourself by the above rules could result in disciplinary action. Action could include laps, game suspension or expulsion from the team.

By our signature below we acknowledge that we understand the rules as outlined above.

Athlete

Parent